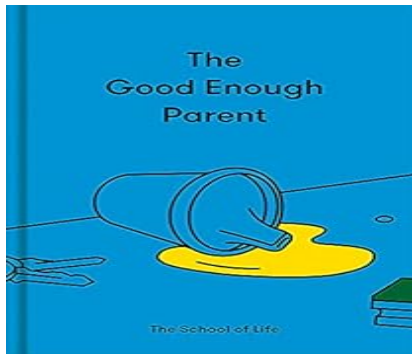


The Good Enough Parent: How to raise contented, interesting, and resilient children By The School of Life The Good Enough Parent is a compendium of life lessons including how to say 'no' to a child you adore how to look beneath the surface of 'bad' behavior to work out what might really be going on how to encourage a child to be genuinely kind and how to handle the moods and gloom of adolescence. Most importantly this is a book that knows that perfection is not required - and indeed the tiger mom approach is flawed because a key job of any parent is to induct a child gently into the imperfect nature of everything. Written in a tone that is encouraging wry and soaked in years of experience The Good Enough Parent is an intelligent guide to raising a child who will one day look back on their childhood with just the right mixture of gratitude humor and love. It is a resource for helping us understand ourselves for improving our relationships our careers and our social lives - as well as for helping us find calm and get out of our leisure hours:



A parenting guide providing compassionate instruction and insight into raising a resilient well balanced child: Bringing up a child to be an authentic and mentally robust adult is one of life's great challenges. The Good Enough Parent: How to raise contented interesting and resilient children The School of Life is a global organisation helping people lead fulfilled lives: They do this through films workshops books and gifts - and through a warm and supportive community: You can find The School of Life online in stores and in welcoming spaces around the globe: In the most elegant narrative this book takes you through the confusing and confounding crossroads of parenthood and self hood. It is also fortunately not a matter of luck. A must read. Alexandria.